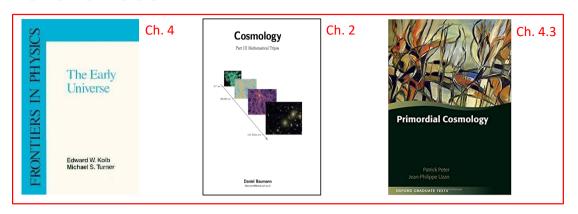
# Universo Primitivo 2018-2019 (1º Semestre)

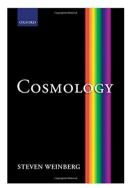
Mestrado em Física - Astronomia

### Chapter 6

- 6 Big Bang Nucleosynthesis
  - Initial Conditions;
  - Nuclear statistical equilibrium;
  - Neutron abundance;
  - Helium abundance;
  - Comparison with observations
  - BBN as a probe of cosmology and fundamental physics

### References



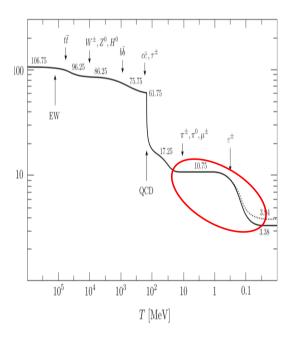


Ch. 3.2

3

### Big-Bang Nucleosynthesis

#### **Initial conditions**



### Initial Conditions: After QCD phase transition and $T\gtrsim 10$ MeV protons and neutrons...

- remain in equilibrium with the fluid due to weak interactions involving neutrinos.
- First atomic nuclei form in equilibrium via 2-body nuclear reactions between protons and neutrons
- The proton to neutron ratio is given by  $n^{eq}/p^{eq}$

#### By $T \sim 1 - 0.7$ MeV,

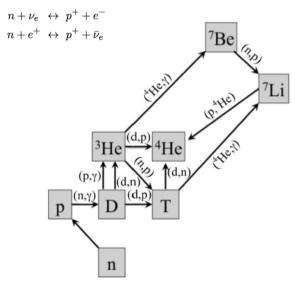
- weak interactions can no longer keep protons and neutrons in equilibrium
- Free neutrons decay into protons by  $T\sim 0.8$ , while atomic nuclei remain in equilibrium
- Neutrinos decouple, and n/p start to deviate from the equilibrium value

#### By $T \sim 0.7 - 0.5$ MeV,

- The production of deuterium,  $n + p \rightarrow D + \gamma$ , ceases when the number of neutrons decrease.
- Light atomic nuclei are then formed by 2-body reaction (3 body reactions are very unlikely).

#### **Initial conditions**

#### Main nuclear reactions that can be establish during this phase



**Big-Bang Nucleosynthesis** (BBN) is able to predict the observed abundances of light elements!

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### Big-Bang Nucleosynthesis

#### Nuclear Statistical equilibrium

Let us assume a given atomic nucleus A=n+p nucleons (A is the nuclear mass number, n is the number of neutrons, and p is the number of protons of the nucleus. The nuclear charge is given by the atomic number Z=p.

The number density of this nuclear species at equilibrium is given by the non-relativistic expression derived in Series 2 (exercise 5.1):

$$n_A = g_A igg(rac{m_A T}{2\pi}igg)^{3/2} \expigg(rac{\mu_A - m_A}{T}igg)$$

where the chemical potential needs to account for the number of protons and neutrons that make up the nucleus

$$\mu_A = Z\mu_p + (A - Z)\mu_n$$

We can also write similar equations to the free (non-relativistic) protons and neutrons, noticing that both these particles have 2 degrees of freedom (spin).

#### Nuclear Statistical equilibrium

i.e., neutrons and protons have also non-relativistic equilibrium densities given by the previous expression (A = 1 ,  $g_A$  = 2):

$$n_n = 2 igg(rac{m_n T}{2\pi}igg)^{3/2} e^{-(m_n - \mu_n)/T}, 
onumber \ n_p = 2 igg(rac{m_p T}{2\pi}igg)^{3/2} e^{-(m_p - \mu_p)/T}.$$

The **nuclear biding energy**,  $B_A$ , of a nucleus with atomic mass, A, is defined as the difference between the total mass of free nucleons and the mass of the nucleus:

$$B_A = Zm_p + (A - Z)m_n - m_A$$
  
$$m_A = Zm_p + (A - Z)m_n - B_A$$

Using these expressions in  $n_A$  (the previous slide) and approximating  $m_A = Am_B$  where  $m_B = m_p = m_n$  one obtains (series exercise):

$$n_A = rac{g_A}{2^A} A^{3/2} igg(rac{m_B T}{2\pi}igg)^{3(1-A)/2} n_p^Z n_n^{A-Z} e^{B_A/T}$$

### **Big-Bang Nucleosynthesis**

#### Nuclear Statistical equilibrium

This shows that abundance of a nuclear species, critically depends on:

- the abundance of protons and neutrons at a given T;
- the binding energy to temperature ratio,  $B_A/T$

It is useful to write the nuclear abundances in terms of **mass fraction abundances**,  $X_A$ , defined as:

$$X_A \equiv rac{n_A A}{n_B}$$
 where  $n_B = n_p + n_n + \sum_A A n_A$ 

This definition allows to write the following conservation equation of nuclear abundances

$$\sum_{A} X_{A} = 1$$

Using  $n_A$  in the expression of  $X_A$  one has:

$$X_A = rac{g_A}{2^A} A^{5/2} igg( rac{m_B T}{2\pi} igg)^{3(1-A)/2} rac{n_P^Z n_n^{A-Z}}{n_B} e^{B_A/T},$$

#### Nuclear Statistical equilibrium

The density ratio in the previous expression can be written as:

$$\frac{n_p^Z n_n^{A-Z}}{n_B} = \frac{n_p^Z}{n_B^Z} \frac{n_n^{A-Z}}{n_B^{A-Z}} n_B^{A-1} = X_p^Z X_n^{A-Z} n_B^{A-1} = X_p^Z X_n^{A-Z} n_\gamma^{A-1} \eta^{A-1}$$

Where we introduce the baryon to photon ratio defined as:

$$\eta \equiv n_B/n_\gamma$$
 where,  $n_\gamma = rac{2}{\pi^2} \zeta(3) T^3$ 

 $\eta$  is a central quantity in BBN. It can be calculated at present ( $T_0 = 2.7525$ ):

$$\eta = 2.74 \times 10^{-8} h^2 \Omega_B$$

Using these expressions in  $X_A$  (of the previous slide) one has (check all the steps!):

$$\begin{split} X_A &= \frac{g_A}{2^A} A^{5/2} \bigg( \frac{m_B T}{2\pi} \bigg)^{3(1-A)/2} X_p^Z X_n^{A-Z} \bigg( \frac{2}{\pi^2} \zeta(3) T^3 \bigg)^{A-1} \eta^{A-1} e^{B_A/T} \\ &= g_A A^{5/2} 2^{-A+A-1-3(1-A)/2} \pi^{-2A+2-3(1-A)/2} \zeta(3)^{A-1} T^{(1-A)(-3+3/2)} m_B^{3(1-A)/2} \eta^{A-1} X_p^Z X_n^{A-Z} e^{B_A/T} \\ &= g_A \zeta(3)^{A-1} 2^{-5/2+3/2A} \pi^{-1/2-1/2A} A^{5/2} T^{-3(1-A)/2} m_B^{3(1-A)/2} \eta^{A-1} X_p^Z X_n^{A-Z} e^{B_A/T}, \end{split}$$

### **Big-Bang Nucleosynthesis**

#### Nuclear Statistical equilibrium

Which can be written in a nicer way...

$$X_A = F(A) \left( rac{T}{m_B} 
ight)^{3(A-1)/2} \eta^{A-1} X_P^Z X_n^{A-Z} e^{B_A/T}$$

where

$$F(A) = g_A A^{5/2} \zeta(3)^{A-1} \pi^{(1-A)/2} 2^{(3A-5)/2}$$

This expression allows one to explicitly compute the mass fraction abundances of any nuclear species assuming nuclear statistical equilibrium. In particular one has:

D: 
$$X_2 = 16.3 \left(\frac{T}{m_B}\right)^{3/2} \eta e^{B_2/T} X_n X_p$$
,  $B_2 = 2.22 \text{ MeV}$   
 $^3\text{He}: X_3 = 57.4 \left(\frac{T}{m_B}\right)^3 \eta^2 e^{B_3/T} X_n X_p^2$ ,  $B_3 = 7.72 \text{ MeV}(^3\text{He})$   
 $^3\text{H}: B_3 = 6.92 \text{ MeV}(^3\text{H})$   
 $^4\text{He}: X_4 = 113 \left(\frac{T}{m_B}\right)^{9/2} \eta^3 e^{B_4/T} X_n^2 X_p^2$ ,  $B_4 = 28.3 \text{ MeV}$   
 $^{12}\text{C}: X_{12} = 3.22 \times 10^5 \left(\frac{T}{m_B}\right)^{33/2} \eta^{11} e^{B_{12}/T} X_n^6 X_p^6$ ,  $B_{12} = 92.2 \text{ MeV}$ 

### Nuclear Statistical equilibrium

These abundances are constrained by the conservation equation which, if one neglects other elements, reads:

$$X_n + X_p + X_2 + X_3 + X_4 + X_{12} = 1$$

The neutron and proton fractions are related. Their mass fractions in equilibrium can be easily obtained. We know that

$$\left(\frac{n_n}{n_p}\right)_{\text{eq}} = \left(\frac{m_n}{m_p}\right)^{3/2} e^{-(m_n - m_p)/T}$$

Dividing the numerator and the denominator on left hand side of this equation by  $n_b$  one obtains:

$$\left(\frac{n_n}{n_p}\right)_{\text{eq}} = \left(\frac{X_n}{X_p}\right)_{\text{eq}} \simeq e^{-Q/T}$$

Note that expressions for  $X_n$  derived in the previous slides assume the approximation  $m_B=m_p=m_n$ . If this approximation is taken rigorously then  $X_n/X_p=1$ . However the mass difference  $(Q=m_n-m_p)$  in the exponential should not be ignored whereas it is smaller impact on the ratio of masses of the right hand side of  $n_n/n_p$ .

### **Big-Bang Nucleosynthesis**

#### Nuclear Statistical equilibrium

Also note that, since the mass fraction abundances add up to one

$$X_n + X_n + X_2 + X_3 + X_4 + X_{12} = 1$$

and nuclear synthesis occurs via 2-body reactions (such as those in slide 5):

- Heavier nuclear species are only effectively produced after the lighter ones are produced. This is the case of Helium-4 which is only produced via 2-body reaction involving Deuterium or Hidrogen-3
- If the abundance fraction of a given nuclear species increases, this happens at the expenses of the some other species (which has it's fraction reduced)

So one can define an **estimate of the temperature at which a given nuclear species is effectively produced by setting**  $X_A \sim 1$ . this can only happen for  $T \ll B_A$  so that the exponential term in  $X_n$  compensates  $\eta$  (the baryon to photon ratio) term, which is small.

$$X_A = F(A) \left(rac{T}{m_B}
ight)^{3(A-1)/2} \eta^{A-1} X_P^Z X_n^{A-Z} e^{B_A/T} \sim 1$$

### Nuclear Statistical equilibrium

From this previous expression on can derive an approximate equation to compute the temperature of effective production of a given nuclear species,  $T_A$ . Setting  $X_A \sim X_n \sim X_p \sim 1$ , taking the logarithm of  $X_A$  and droping  $\ln F(A)$ , gives:

$$0=rac{3}{2}(A-1)\ln\left(rac{T_A}{m_B}
ight)+(A-1)\ln\eta+rac{B_A}{T_A}$$

which can be used with iterative numerical methods to estimate  $T_A$ ,

$$T_A pprox -rac{B_A}{rac{3}{2}(A-1)\ln\left(rac{T_A}{m_B}
ight) + (A-1)\ln\eta} \ = rac{B_A}{A-1}rac{1}{\ln\eta^{-1} + rac{3}{2}\ln\left(rac{m_B}{T_A}
ight)}.$$

For example, using this expression for Deuterium, one obtains:

$$T_D = rac{2.22}{1} rac{1}{\ln(2 imes 10^{-8} \Omega_B h^2)^{-1} + rac{3}{2} \ln\left(rac{1 ext{ GeV}}{T_D}
ight)}$$

Similar equations can be derived for other nuclear species.

# Big-Bang Nucleosynthesis

#### Nuclear Statistical equilibrium

Solving these type of equations, one obtains the following effective temperatures of production of the Deuterium, Tritium, and Helium-4:

$$T_D \approx 0.07 {
m MeV}$$
;  $T_{
m ^3H} \approx 0.11 {
m ~MeV}$ ;  $T_{
m ^4He} \approx 0.28 {
m ~MeV}$ 

These temperatures can be converted to time using the Friedmann equation expressed in terms of temperature of the effective degrees of freedom in energy

$$H = \sqrt{\frac{\hbar c}{3M_{pl}^2} \frac{\pi^2}{30} g_* T^4} = \frac{\pi}{3} \left(\frac{g_*}{10}\right)^{1/2} \frac{T^2}{M_{pl}}$$

where we assume radition domination.

Taking  $g_* = 3.38$  one can derive the following expression for the beginning of the nucleosynthesis,

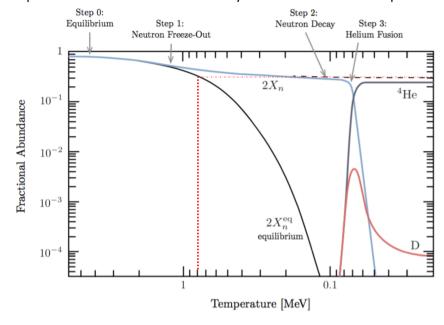
$$t_{
m nuc} = 132 \; {
m s} \; iggl( rac{0.1 \; {
m MeV}}{T_{
m nuc}} iggr)^2.$$

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#### **Neutrons abundance**

The production of nuclear elements within the mechanism of Big-Bang nucleosynthesis is directly related with the abundance of free neutrons, and the evolution of  $n_B$  or the baryon to photon ratio. One can tell the story of neutrons in a few steps:



Neutrons decouple from the fluid and abandon equilibrium. They also decay into Protons.

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### Big-Bang Nucleosynthesis

#### **Neutrons abundance**

**Step 0 (Equilibrium)**: Above  $T\sim 1$  MeV protons and neutrons are in equilibrium via the nuclear reactions

$$n + \nu_e \leftrightarrow p^+ + e^-$$
  
 $n + e^+ \leftrightarrow p^+ + \bar{\nu}_e$ 

The relative abundance of neutrinos to protons is then given by the equilibrium prediction:

$$\left(\frac{n_n}{n_p}\right)_{\rm eq} = \left(\frac{m_n}{m_p}\right)^{3/2} e^{-(m_n - m_p)/T}$$

Where  $m_n-m_p=Q=1,293~{\rm MeV}$  is the mass difference between neutrons and protons. So the fraction of neutrons at equilibrium can be approximated by:

$$X_n^{
m eq} \simeq rac{n_n^{
m eq}}{n_n^{
m eq} + n_n^{
m eq}} = rac{n_n^{
m eq}/n_p^{
m eq}}{1 + n_n^{
m eq}/n_n^{
m eq}} \simeq rac{e^{-Q/T}}{1 + e^{-Q/T}}$$

where  $n_B \simeq n_n + n_p$  is used in the first equality and  $m_n$  /  $m_p \simeq 1$  is used in the last equality. At T=0.8 MeV this gives,

$$X_n^{\text{eq}}(0.8\,\text{MeV}) = 0.17$$

#### **Neutrons abundance**

**Step 1 (Decoupling):** As neutrinos decouple and positron-electron annihilation occurs, neutrons are forced to also decouple from the fluid. From the previous sides one expects that the **freeze out abundance of neutrons** should be close to:

$$X_n^\infty \sim X_n^{
m eq}(0.8\,{
m MeV}) \sim rac{1}{6}$$

To confirm this expectation one needs to integrating the Boltzmann equation for the interactions that keep neutrons and protons in contact with the plasma. As seen in Chapter 4, the **Boltzmann equation** for the 2-body interaction  $1+2 \rightleftharpoons 3+4$  is:

$$\frac{1}{a^3} \frac{d(n_1 a^3)}{dt} = -\langle \sigma v \rangle \left[ n_1 n_2 - \left( \frac{n_1 n_2}{n_3 n_4} \right)_{\text{eq}} n_3 n_4 \right]$$

For interactions of the form  $n + l \subseteq p^+ + l$ , where l is a lepton **tightly bound to the plasma** one obtains:

$$\left[rac{1}{a^3}rac{d(n_na^3)}{dt} = -\Gamma_n\left[n_n - \left(rac{n_n}{n_p}
ight)_{
m eq}n_p
ight]$$

Since leptons are tightly bound to the fluid one has:  $n_l = n_l^{eq}$  , and  $\Gamma_n = < n_l \sigma v >_{\mathbb{F}}$ 

### **Big-Bang Nucleosynthesis**

#### **Neutrons abundance**

**Step 1 (Decoupling):** The solution of the Boltzmann equation is numerical. To compute the free neutron's fraction,  $X_n$ , one needs to use its definition (in slide 8) and compute the densities of all baryon species in the fluid at a given time.

However one can simplify the calculation of  $X_n$  using the following approximations:

- before neutron decoupling  $n_b \simeq n_n + n_p$
- the total number of baryons is conserved, i.e.,  $n_h a^3 = constant$ .

Using these assumptions the Boltzmann equation can be written as:

$$\frac{dX_n}{dt} = -\Gamma_n \left[ X_n - (1 - X_n)e^{-Q/T} \right]$$

To perform this integration, it is useful to make a change of variable x = Q/T, giving

$$\frac{dX_n}{dx} = \frac{\Gamma_n}{H_1} x \left[ e^{-x} - X_n (1 + e^{-x}) \right]$$

where  $H_1$  is the x —independent part of the Hubble rate written as a function of x.

$$H = \sqrt{\frac{\rho}{3M_{\rm pl}^2}} = \underbrace{\frac{\pi}{3}\sqrt{\frac{g_{\star}}{10}}\frac{\mathcal{Q}^2}{M_{\rm pl}}}_{=H_{\star} \approx 1.13\,s^{-1}} \frac{1}{x^2} , \quad \text{with} \quad g_{\star} = 10.75 .$$

#### **Neutrons abundance**

#### Step 1 (Decoupling):

The exact form of  $\Gamma_n$  depends on the lepton particles being considered. It's calculation can be done in Quantum Field Theory. Using the approximation:

$$\Gamma_n(x) = \frac{255}{\tau_n} \cdot \frac{12 + 6x + x^2}{x^5}$$

where  $\tau_n = 886.7$  s is the neutron half-time decaying period.

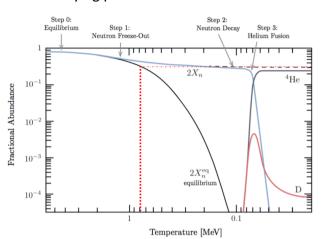
With these expressions the **numerical** integration of the Boltzmann equation (blue curve) would give:

$$X_n^{\infty} \equiv X_n(x=\infty) = 0.15$$

 $X_n^\infty\equiv X_n(x=\infty)=0.15$  if neutrons wouldn't decay (Step 2)... This is similar to the result in slide 17. So just **before Neutron decay** one has:

$$n_B \simeq n_p + n_n \iff 1 \simeq X_p + X_n$$

$$X_n \simeq 1 - X_n = 0.85$$
 ;  $X_n/X_p \simeq 0.17$ 



### Big-Bang Nucleosynthesis

#### **Neutrons abundance**

Step 2 (Neutron decay): The decoupled neutrons also decay into protons via the process:

$$n \rightarrow p + e^- + \bar{\nu}_e$$

which has a half-time decaying period of  $au_n = 886.7 \pm 0.8 \; \mathrm{sec}$ . This can only start effectively enough when the universe is as old as this decaying period).

To include neutron decay into the calculation we simply multiply the freeze-out

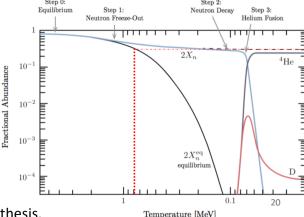
abundance by a exponential term characteristic of nuclear decaying processes:

$$X_n(t) = X_n^\infty e^{-t/ au_n} = rac{1}{6} \, e^{-t/ au_n}$$

Where t is related to temperature via a temperature time relation, as:

$$t = 132 \text{ s} \left(\frac{0.1 \text{ MeV}}{T}\right)^2.$$

This decaying mechanism has strong implications for the nuclear species synthesis.



#### Helium abundance

**Step 3 (Helium fusion)**: Helium is produced via the reactions:

$$D + p^+ \leftrightarrow {}^{3}He + \gamma$$
,  
 $D + {}^{3}He \leftrightarrow {}^{4}He + p^+$ 

that **require the existence of Deuterium**, which is produced via:  $n + p^+ \leftrightarrow D + \gamma$  So, helium cannot be produced before a sufficient amount of deuterium is formed.

The helium fraction abundance by the end of BBN can be estimated as follows:

- Until before neutron decay all baryons are in the form of free protons and neutrons:  $n_B^i \simeq n_p^i + n_n^i$
- By the end of BBN hydrogen (p) and helium nuclei are the 1st and 2nd most abundant elements (other nuclei are residual):  $n_B^f \simeq n_p^f + 4n_{^4{
  m He}}^f$
- By the end of BBN about half of the initial neutrons are inside helium nuclei (because each nucleus of helium contains 2 neutrons):  $n_{4\,\mathrm{He}}^f=n_n^i/2$

Using baryon conservation:  $n_p^f + 4n_{^4\mathrm{He}}^f = n_p^i + n_n^i$ 

Under these approximations, the Helium mass fraction abundance becomes:

$$X_{^{4}\mathrm{He}} = \frac{4n_{^{4}\mathrm{He}}^{^{f}}}{n_{p}^{f} + 4n_{^{4}\mathrm{He}}^{f}} = \frac{4n_{n}^{^{i}}/2}{n_{p}^{^{i}} + n_{n}^{^{i}}} = \frac{2n_{n}^{^{i}}}{n_{p}^{^{i}} + n_{n}^{^{i}}} = \frac{2n_{n}^{^{i}}/n_{p}^{^{i}}}{1 + n_{n}^{^{i}}/n_{p}^{^{i}}} = \frac{2X_{n}^{^{i}}/X_{p}^{^{i}}}{1 + X_{n}^{^{i}}/X_{p}^{^{i}}} \simeq \frac{2/7}{1 + 1/7} \simeq \frac{1}{4}$$

### **Big-Bang Nucleosynthesis**

Numerical evolution of mass fraction abundances of light elements:

Time [min]

1 5 15 60

p

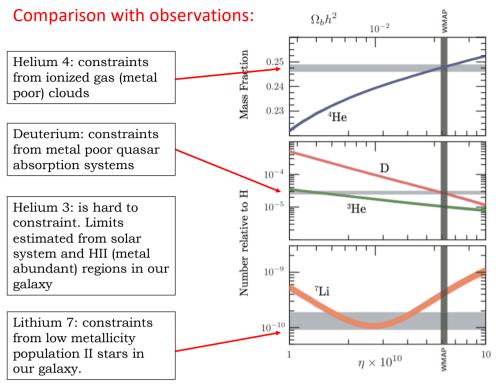
10<sup>-5</sup>

10<sup>-10</sup>

3H

7Li

7Be



 $\textbf{Figure 3.10:} \ \ \textit{Theoretical predictions (colored bands) and observational constraints (grey bands)}.$