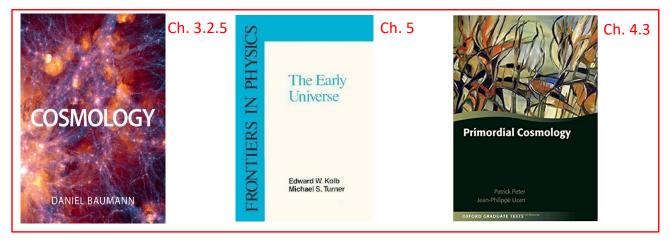
Universo Primitivo 2025-2026 (1º Semestre)

Mestrado em Física - Astronomia

Chapter 7

- 7 Recombination and Decoupling
 - Initial conditions;
 - Equilibrium abundances: the Saha equation;
 - Hydrogen recombination;
 - Photon electron decoupling;
 - Electron freeze-out

References



Ch. 3.2



Recombination and decoupling

Initial conditions

Soon after neutron freeze-out and the production of the light nuclei by Big-Bang nucleosynthesis, $T \approx 0.1$ MeV, the universe:

- consisted of a plasma with **photons**, **electrons**, **protons** and **atomic nuclei** (and neutrinos that are decoupled from the plasma).
- Electrons, protons and atomic nuclei are non-relativistic (note that $m_e=0.5 {
 m MeV})$
- Electrons are **tightly coupled** to photons due to **Compton scattering** and interact with protons and atomic nuclei via **Coulomb scattering**;
- **Protons**, **electrons** and **atomic nuclei** remain in equilibrium, through **electromagnetic interactions** such as:

$$e^- + p^+ \leftrightarrow H + \gamma$$

• Very little amounts of neutral matter (atoms) exist because the lowest ionization energy is only 13.6 eV (for the Hydrogen atom) but the plasma is still too hot for electrons to be totally captured by nuclei;

Equilibrium abundances: the Saha equation

Let us now look at this interaction: $e^- + p^+ \leftrightarrow H + \gamma$

At temperatures smaller than the mass of electrons, protons and hydrogen nuclei, these species have non-relativistic equilibrium abundances given by (Ex. 5.1, sheet 2):

$$n_i^{ ext{eq}} = g_i \left(rac{m_i T}{2\pi}
ight)^{3/2} \exp\left(rac{\mu_i - m_i}{T}
ight)$$

Where, $i=\{e,p,H\}$ and $\mu_p+\mu_e=\mu_H$ because photons have 0 chemical potential. With these densities we can compute the following ratio:

$$\left(\frac{n_{
m H}}{n_e n_p}\right)_{
m eq} = rac{g_{
m H}}{g_e g_p} \left(rac{m_{
m H}}{m_e m_p} rac{2\pi}{T}
ight)^{3/2} e^{(m_p+m_e-m_{
m H})/T}$$

That involves the densities of the species in the reaction and is independent of their chemical potentials.

In the exponential pre-factor, it is safe to assume $m_H \approx m_p$, but the very small difference of mass between hydrogen and the proton is crucial. It gives the **binding (or ionization) energy** of the hydrogen atom

$$B_{\rm H} \equiv m_p + m_e - m_{\rm H} = 13.6 \text{ eV}$$

Recombination and decoupling

Equilibrium abundances: the Saha equation

The number of effective degrees of freedom of the hydrogen atom is $g_H=4$. This arises because the spins of the electron and the proton can be aligned or anti-aligned, giving rise to 4 states. If we assume **the Universe is not electrically charged** electrons and protons should have the same initial density, $n_e=n_p$. So the previous ratio can be simplified as: $\left(\frac{n_{\rm H}}{n_e^2}\right)_{\rm err} = \left(\frac{2\pi}{m_e T}\right)^{3/2} e^{B_{\rm H}/T}$

The ratio on the left-hand side of this equation can be related to the electron fraction abundance, $X_e \equiv \frac{n_e}{n_b}$

Where the baryon density is, $n_b=\eta\,n_\gamma=\eta imesrac{2\zeta(3)}{\pi^2}\,T^3$ and η is the baryon to photon ration.

Since the majority of baryons is in the form of hydrogen and free protons, one may assume that $n_b \approx n_p + n_H = n_e + n_H$, and one can derive that:

$$\frac{1-X_e}{X_e^2} = \frac{n_{\rm H}}{n_e^2} \, n_b$$

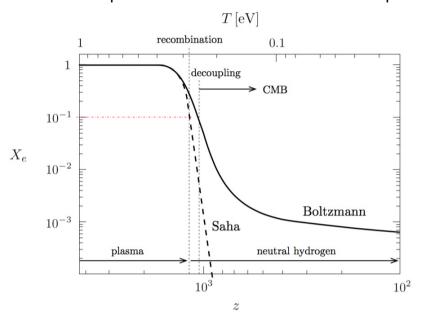
5

Equilibrium abundances: the Saha equation

Combining these expressions we obtain the so-called Saha equation.

$$\left(\frac{1-X_e}{X_e^2}\right)_{\rm eq} = \frac{2\zeta(3)}{\pi^2} \, \eta \left(\frac{2\pi T}{m_e}\right)^{3/2} e^{B_{\rm H}/T}$$

Which allows one to compute the free electrons fraction in equilibrium



Recombination and decoupling

Hydrogen recombination

A way to define the epoch of recombination is to consider the moment when the free electron fraction reduces below a given amount, usually $X_e=0.1$. Using this in the Saha equation one can compute the temperature at recombination:

$$\left(\frac{1-0.1}{0.1^2}\right)_{eq} = \frac{2\zeta(3)}{\pi} \eta \left(\frac{2\pi T_{rec}}{m_e}\right)^{3/2} e^{B_H/T_{rec}} \quad \Leftrightarrow \quad T_{rec} \approx 0.3 \, \text{eV} \simeq 3600 \, \text{K}$$

If one uses the redshift – temperature relation derived in Chapter 3,

$$T_{rec} = T_0(1 + z_{rec})$$

one obtains that

$$z_{rec} \approx 1320$$

This redshift is lower than the redshift of matter radiation equality (exercise in exer. sheet 1), so recombination occurred during the matter dominated era, where the time dependence of the scale factor is $a(t) \propto t^{2/3}$. Using this scaling in the temperature – redshift relation one concludes that:

$$t_{rec} = \frac{t_0}{(1 + z_{rec})^{3/2}} \sim 290\,000\,\mathrm{yrs}$$

Photon – electron decoupling

Photons and electron are strongly coupled mostly due to Compton scattering

$$e^- + \gamma \leftrightarrow e^- + \gamma$$

The **Compton scattering interaction rate** can e approximated by $\Gamma_{\gamma} \approx n_e \sigma_T$ where the Thompson cross section is $\sigma_T \approx 2 \times 10^{-3} \, \mathrm{MeV^{-2}}$.

The epoch of decoupling between photons and electrons can be estimated by equating

$$\Gamma_{\gamma}(T_{dec}) \sim H(T_{dec})$$

Now:

$$\left\{ \begin{split} \Gamma_{\gamma}(T_{dec}) &= n_b X_e(T_{dec}) \, \sigma_T = \frac{2\zeta(3)}{\pi^2} \, \eta \, \sigma_T \, X_e(T_{dec}) T_{dec}^3 \, , \\ H(T_{dec}) &= H_0 \sqrt{\Omega_m} \left(\frac{T_{dec}}{T_0}\right)^{3/2} \, . \end{split} \right.$$

Using these in the previous equation gives:

$$X_e(T_{dec})T_{dec}^{3/2} \sim \frac{\pi^2}{2\zeta(3)} \frac{H_0\sqrt{\Omega_m}}{\eta \sigma_T T_0^{3/2}}$$

Recombination and decoupling

Photon decoupling

Using this result with the Saha equation one obtains:

$$T_{dec} \sim 0.27 \,\mathrm{eV}$$

Which is a slightly lower temperature than the recombination temperature.

Using this value in the temperature-redshift relation and the time-redshift (or time-temperature) relations one obtains the following estimates for the redshift and time of decoupling

$$z_{dec} \sim 1100$$
, $t_{dec} \sim 380000 \,\mathrm{yrs}$.

10

Electron Freeze-out

To compute the non-equilibrium abundance of free electrons one should rely on the Boltzmann equation for the reaction that describes the capture of free electrons by protons:

 $e^- + p^+ \leftrightarrow H + \gamma$

To a reasonable approximation one may assume that:

- The hydrogen density is $n_{
 m H} pprox n_{
 m H}^{
 m eq}$
- The universe is neutral, i.e. $n_e = n_p$

Under these assumptions, the Boltzmann equation derived in Chapter 4 (slides 26-28) for the above interaction reduces to:

$$\frac{1}{a^3} \frac{d(n_e a^3)}{dt} = -\langle \sigma v \rangle \left[n_e^2 - (n_e^{\text{eq}})^2 \right]$$

The thermally averaged cross recombination section $\langle \sigma v \rangle$ can be approximated by:

$$\langle \sigma v \rangle \simeq \sigma_T \left(\frac{B_{
m H}}{T} \right)^{1/2}$$

Where B_H is the binding energy of the hydrogen atom.

Recombination and decoupling

Electron Freeze-out

Using this result, writing $n_e = n_B X_e$ and using the fact that $n_b a^3 = constant$, one can approximate the Boltzmann equation as:

$$rac{dX_e}{dx} = -rac{\lambda}{x^2} \Big[X_e^2 - (X_e^{
m eq})^2 \Big]$$

(same solution as the Ricatti equation)

11

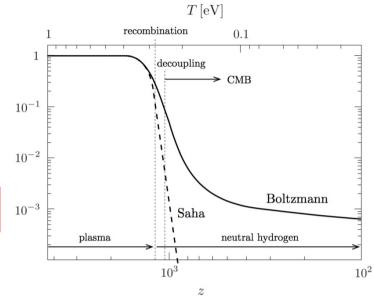
Where $x \equiv B_{
m H}/T_{
m e}$ and

$$\lambda \equiv \left[\frac{n_b \langle \sigma v \rangle}{xH} \right]_{x=1} = 3.9 \times 10^3 \left(\frac{\Omega_b h}{0.03} \right)$$

This equation has the same type of (approximate) solution as the X_e Ricatti equation (see Chap. 5):

$$X_e^{\infty} \simeq \frac{x_f}{\lambda} = 0.9 \times 10^{-3} \left(\frac{x_f}{x_{rec}}\right) \left(\frac{0.03}{\Omega_b h}\right)$$

Which is a good approximation to the full Boltzmann Integration (the solid line in the figure). This yields



a present (global) free electron fraction in the Universe of about 0.1% $(x_f/x_{rec}{\sim}1)$. 12