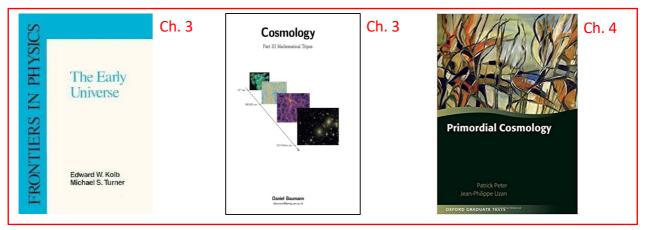
Universo Primitivo 2021-2022 (1º Semestre)

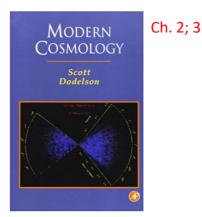
Mestrado em Física - Astronomia

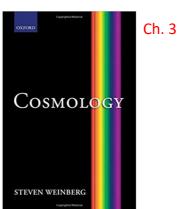
Chapter 4

- 4 Decoupling
 - Decoupling from local equilibrium;
 - Electroweak and week Interaction rates;
 - Particle distributions after decoupling;
 - Decoupling and Freeze-Out
 - Neutrino decoupling;
 - Electron-positron Annihilation;
 - Cosmic Neutrino Background;
 - Beyond thermal equilibrium: Boltzmann Equation

References







Decoupling from equilibrium

Equilibrium condition, interaction timescale, and interaction rate:

Thermal equilibrium of a fluid species can be established if the interaction rate, $\Gamma(t)$, is larger than the expansion rate, $H(t) = \dot{a}/a$:

$$\Gamma(t) \gg H(t)$$

The timescale for particle interactions, $t_c = 1/\Gamma$, is therefore much shorter than the characteristic timescale of expansion, $t_H = 1/H$:

$$t_c \equiv \frac{1}{\Gamma} \ll t_H \equiv \frac{1}{H}$$

The interaction rate is the number of interaction events of the species per unit of time. It is given by:

$$\Gamma \equiv n\sigma v$$

where n is the number density of target particles, σ , is the interaction cross section and, v, is the relative speed between particles.

The SI unit of Γ "one over second": $[\Gamma] = [n][\sigma][v] = s^{-1}$.

Decoupling from equilibrium

Equilibrium condition, interaction timescale, and interaction rate:

For example, in the interaction process: $1+2 \leftrightarrow 3+4$ one has:

- $\Gamma_1 = n_2 \sigma v_{12}$ is the iteration rate of the particle species 1
- $\Gamma_2 = n_1 \sigma v_{21}$ is the iteration rate of the particle species 2 (v_{21} = v_{12})
- $\Gamma_3=n_4\sigma v_{34}$ is the iteration rate of the particle species 3
- $\Gamma_4 = n_3 \sigma v_{43}$ is the iteration rate of the particle species 4 ($v_{43} = v_{34}$)

Reverting the equilibrium condition, $\Gamma \gg H$, one should expect that a given particle specie has **conditions to decouple** from the thermal bath when

$$\frac{\Gamma}{H} \lesssim 1$$

For a relativistic fluid the expansion rate of the universe reads (SI):

$$H^{2} = \frac{8\pi G}{3}\rho_{r} = \frac{\hbar c}{3M_{\rm pl}^{2}}\rho_{r} = \frac{\hbar c}{3M_{\rm pl}^{2}}\frac{\pi^{2}}{30}g_{*}T^{4}$$

where, $M_{
m pl}$ is the <code>Planck Mass</code>:

$$M_{
m pl} \equiv \sqrt{rac{\hbar c}{8\pi G}} = 2.4 imes 10^{18}\,{
m GeV}$$

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Decoupling from thermal equilibrium

Equilibrium condition, interaction timescale, and interaction rate:

From this, one obtains (in natural units):

$$H = \sqrt{\frac{\hbar c}{3M_{\rm pl}^2} \frac{\pi^2}{30} g_* T^4} = \pi \left(\frac{g_*}{90}\right)^{1/2} \frac{T^2}{M_{\rm pl}}$$

Let us now estimate the interaction rate, $\Gamma = n\sigma v$, for the **fluid of relativistic** particles:

- Since particles are relativistic: $v \sim c = 1$
- The number density in equilibrium is: $n_i \sim \frac{\zeta(3)}{\pi^2} g_i T^3 \propto T^3$
- The interaction cross section will depend on the type of interaction and mediators. For interactions mediated by bosons of mass m_X :

$$\sigma_X = \left\{ egin{array}{ll} lpha_X^2/T^2, & T\gg m_X & ext{(photon, massless bosons)} \ lpha_X^2T^2/m_X^4, & T\ll m_X & ext{(massive bosons)} \end{array}
ight.$$

where $lpha_X$ is the generalized structure constant with the gauge boson X

Equilibrium condition, interaction timescale, and interaction rate: So the equilibrium condition ratio, Γ/H , becomes:

$$\frac{\Gamma}{H} \simeq \frac{n\sigma}{H} = \frac{\frac{\zeta(3)}{\pi^2} g_i T^3}{\pi \left(\frac{g_*}{90}\right)^{1/2} T^2/M_{\rm pl}} \times \begin{cases} \alpha_X^2/T^2 & T \gg m_X \text{ (photon, massless bosons)} \\ \alpha_X^2 T^2/m_X^4 & T \ll m_X \text{ (massive bosons)} \end{cases}$$

Implications:

1. At high temperature ($T\gtrsim 100~{\rm GeV}$ – the electroweak symmetry breaking) all interactions are mediated by massless Gauge bosons ($m_{W_-^+,Z,H}\sim 100{\rm GeV}$). For the electroweak interaction, $\alpha^2=0.01$, this gives:

$$rac{\Gamma}{H} \sim rac{lpha^2 M_{
m pl}}{T} \sim rac{10^{16}\,{
m GeV}}{T}$$

So thermal equilibrium is possible via electroweak interactions for

$$100 \text{ GeV} \lesssim T \lesssim 10^{16} \text{ GeV}$$

Above the $10^{16}~{\rm GeV}$ (the **Grand Unification Theory**) scale the Universe is not able to acquire an equilibrium state via the electroweak interaction, Actually it may have never been in thermal equilibrium!

Decoupling from thermal equilibrium

Equilibrium condition, interaction timescale, and interaction rate: So the equilibrium condition ratio, Γ/H , becomes:

$$\frac{\Gamma}{H} \simeq \frac{n\sigma}{H} = \frac{\frac{\zeta(3)}{\pi^2} g_i T^3}{\pi \left(\frac{g_*}{90}\right)^{1/2} T^2 / M_{\rm pl}} \times \begin{cases} \alpha_X^2 / T^2 & T \gg m_X \text{ (photon, massless bosons)} \\ \alpha_X^2 T^2 / m_X^4 & T \ll m_X \text{ (massive bosons)} \end{cases}$$

2. At lower temperature ($T \lesssim 100~{\rm GeV}$ – below the electroweak symmetry breaking) the <u>weak interaction</u> between relativistic particles is mediated by massive bosons, m_X . One has:

$$\left| rac{\Gamma}{H} \sim rac{lpha^2 M_{
m pl} T^3}{M_W^4} \sim \left(rac{T}{1 {
m \ MeV}}
ight)^3
ight|$$

Which drops below unity $T \lesssim 1 \text{ MeV}$.

So relativistic particles interacting via weak force (e.g. neutrinos) are able to remain in equilibrium with the fluid in the temperature range:

$$1 \text{ MeV} \lesssim T \lesssim 100 \text{ GeV}$$

Thermal history of the Universe:

Key events in the thermal history of the universe

Event	time t	redshift z	temperature T
Inflation	$10^{-34} \text{ s } (?)$	-	-
Baryogenesis	?	?	?
EW phase transition	20 ps	10^{15}	$100~{\rm GeV}$
QCD phase transition	$20~\mu \mathrm{s}$	10^{12}	$150~{ m MeV}$
Dark matter freeze-out	?	?	?
Neutrino decoupling	1 s	6×10^9	$1~{\rm MeV}$
Electron-positron annihilation	6 s	2×10^{9}	$500~{ m keV}$
Big Bang nucleosynthesis	3 min	4×10^8	$100~{\rm keV}$
Matter-radiation equality	$60~{ m kyr}$	3400	$0.75~\mathrm{eV}$
Recombination	$260380~\mathrm{kyr}$	1100-1400	$0.26 0.33 \ \mathrm{eV}$
Photon decoupling	$380~\mathrm{kyr}$	1000-1200	$0.23 0.28 \ \mathrm{eV}$
Reionization	100–400 Myr	11–30	$2.67.0~\mathrm{meV}$
Dark energy-matter equality	$9~{ m Gyr}$	0.4	$0.33~\mathrm{meV}$
Present	$13.8~\mathrm{Gyr}$	0	$0.24~\mathrm{meV}$

Electroweak interacting species may attain thermal equilibrium up to the GUT 10¹⁶GeV scale

Particle species interacting via the weak force have conditions to attain thermal equilibrium

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Decoupling from thermal equilibrium

Particle distributions after decoupling

Let us now study what happens to the phase space distribution of a given particle species, $f(x, p, t > t_D)$, after that species decouples from the fluid at time t_D .

The **number of particles** within the volume element dVd^3p around the point (x,p) of the phase space is:

$$dN = f(x, p, t)dVd^3p$$

If no particles are created or destroyed after decoupling, the left hand side of this equation remains constant. On the right hand side, we know that the volume element element scales with a^3 . For the momentum we have:

$$E^2 = m^2 + p^2$$

- For massless particles (e.g. radiation) momentum scales as energy;
- For massive particles we also have that momentum scales as energy (m is the rest mass of the particle species).

So, for massless or massive particles:

$$p \propto E = hc/\lambda \propto a^{-1}$$

Particle distributions after decoupling

Let us now study what happens to the phase space distribution of a given particle species, $f(x, p, t > t_D)$, after that species decouples from the fluid at time t_D .

The **number of particles** within the volume element dVd^3p around the point (x,p) of the phase space is:

Is constant if no particles are $(dN) = f(x, p, t) (dV) (d^3p)$ created/destroyed after decoupling

The shape of the distribution function should not change after decoupling... However f depends on x and p, so it's argument scales with time as a^{-1} . We can then relate the momentum at decoupling, p_D , with the momentum after decoupling, $p_{\rm i}$ as:

$$\frac{x_D}{x} = \frac{a_D}{a} \Leftrightarrow x_D = x \frac{a_D}{a} \qquad \frac{p_D}{p} = \frac{a_D^{-1}}{a^{-1}} \Leftrightarrow p_D = p \frac{a}{a_D}$$

$$\frac{p_D}{p} = \frac{a_D^{-1}}{a^{-1}} \Leftrightarrow p_D = p \frac{a}{a_D}$$

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where a_D is the scale factor at decoupling $a = a(t_D)$.

Decoupling from thermal equilibrium

Particle distributions after decoupling

So the distribution function at decoupling, t_D , can be written as

$$f(x_D, p_D, t_D) = f(x \frac{a_D}{a}, p \frac{a}{a_D}, t_D)$$

The right-hand side of the equation is the distribution function after decoupling. Dropping x (because f is independent of position) one has:

$$f(x, p, t \ge t_D) = f(p(t) \frac{a(t)}{a_D}, t \ge t_D)$$

So, depending on the relativistic state of particles, one has two possibilities:

The species decouples while is relativistic (e.g. massless neutrinos)

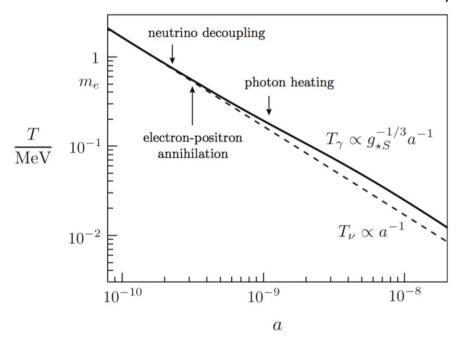
$$f(p, t \ge t_D) = \frac{g}{2\pi^3} \frac{1}{\exp(\frac{pa/a_D}{T_D}) \pm 1} = \frac{g}{2\pi^3} \frac{1}{\exp(\frac{p}{T}) \pm 1}$$

So the functional form of f remains the same if T scales as:

$$T(t) = T_D \frac{a_D}{a(t)} = \frac{T_D}{(1+z_D)} (1+z)$$

Particle distributions after decoupling

We therefore conclude that the temperature of decoupled relativistic species also scales with the inverse of the scale factor ($T = T_D \ a_D/a$) as it happens for relativistic species in thermal equilibrium ($T_{\gamma} \propto g_{*S}^{-1/3} a^{-1}$).



However when a species decouples, q_{*S} , decreases and therefore the temperature of the fluid, T_{ν} , decreases at a lower rate then the temperatures of the decoupled species.

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Decoupling from thermal equilibrium

Particle distributions after decoupling

The *number density* of a relativistic species **after decoupling** scales as:

$$n_i = g_i \frac{\zeta(3) T_D^3}{\pi^2} \left(\frac{a_D}{a}\right)^3 \longrightarrow n_i = n_{i,D} \left(\frac{a_D}{a}\right)^3$$

The species decouples while it is non-relativistic $(m \gg T)$

$$f(x, p, t \ge t_D) = f\left(p\frac{a(t)}{a_D}, t_D\right) \simeq \frac{g_i}{2\pi^3} \exp\left(-\frac{\sqrt{(pa/a_D)^2 + m^2} + \mu_D}{T_D}\right)$$
$$\simeq \frac{g_i}{2\pi^3} \exp\left(-\frac{p^2}{2mT_D} \left(\frac{a}{a_D}\right)^2 - \frac{m}{T_D} + \frac{\mu_D}{T_D}\right)$$
$$\simeq \frac{g_i}{2\pi^3} \exp\left(-\frac{p^2}{2mT} - \frac{m}{T} + \frac{\mu}{T}\right)$$

this distribution has the same functional form of a distribution of non-relativistic particles with temperature and chemical potential given by:

$$T(t) = T_D \left(\frac{a_D}{a(t)}\right)^2 = \frac{T_D}{(1+z_D)^2} (1+z)^2 \qquad \mu(t) = m + (\mu_D - m) \frac{T(t)}{T_D}$$

$$\mu(t) = m + (\mu_D - m) \frac{T(t)}{T_D}$$

Particle distributions after decoupling

Using these scalings in the expressions for the number density of a non-relativistic species one obtains that, after decoupling the number density scales as:

$$n_i = g_i \left(\frac{mT}{2\pi}\right)^{3/2} e^{-(m-\mu)/T}$$
$$= g_i \left(\frac{mT_D}{2\pi}\right)^{3/2} \left(\frac{a_D}{a}\right)^3 e^{-(m-\mu_D)/T_D}$$

this means that if a particle species decouples when it is non-relativistic, its number density also scales as:

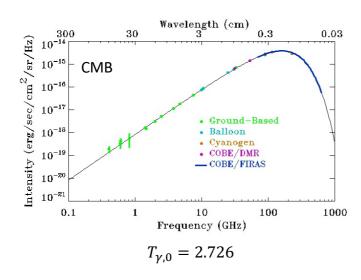
$$n_i = n_{i,D} \left(\frac{a_D}{a}\right)^3$$

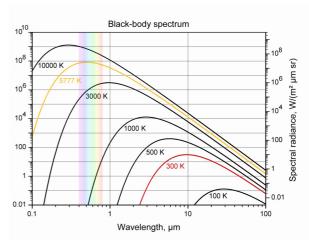
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Decoupling from thermal equilibrium

Particle distributions after decoupling

Example: photons (relativistic)





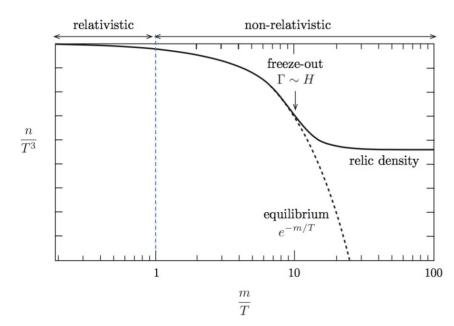
$$T_{\gamma,D} = 2.726 (1 + z_D) \sim 3000 \text{ K}$$

Relativistic: $T(t) = T_D \frac{a_D}{a(t)} = \frac{T_D}{(1+z_D)} (1+z)$

Non-Relativistic:
$$T(t) = T_D \left(\frac{a_D}{a(t)}\right)^2 = \frac{T_D}{(1+z_D)^2} (1+z)^2$$

Decoupling and Freeze-out

As massive particles decouple their abundances are Boltzmann suppressed by $e^{-m/T}$. While in equilibrium, for $T\gg m$ one should expect that n_i/T^3 is constant (because $n_i\propto T^3$). However these predictions assume that the decoupling species is always in equilibrium as its density is being supressed. But this hypothesis cannot hold at very low temperatures, $T\ll m$, because particle abundances become too small to be able to achieve equilibrium.



At high enough m/T one should expect that the real number density departures from the equilibrium prediction:

$$n_{eq} = g \left(\frac{mT}{2\pi}\right)^{3/2} e^{-(m/T)}$$

In fact beyond m/T larger than ~10 the ratio n_{non_eq}/T^3 becomes constant again. The density, n_{non_eq} , is the non-equilibrium Freeze-Out density.

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Decoupling from thermal equilibrium

Neutrino decoupling:

Neutrinos are coupled to the thermal bath via weak interaction processes like:

$$\nu_e + \bar{\nu}_e \leftrightarrow e^+ + e^- \qquad e^+ + e^- \leftrightarrow \gamma + \gamma$$

 $e^- + \bar{\nu}_e \leftrightarrow e^- + \bar{\nu}_e$

Below 10 MeV, **neutrinos**, **electrons** and **photons** are the only remaining particles of the relativistic fluid. The effective degrees of freedom are:

$$g_* = 2 + \frac{7}{8}(2 \underset{e^{\pm}}{\times} 2 + 3 \underset{\nu}{\times} 2) = 10.75$$

Using this in the Friedman equations

$$H = \sqrt{rac{8\pi G}{3}}
ho^{1/2} = \sqrt{rac{8\pi G}{3}} igg(g_*rac{\pi^2}{30}T^4igg)^{1/2} pprox 5.44\sqrt{8\pi}rac{T^2}{m_{
m Pl}}.$$

Combining with the expression for Γ one concludes that neutrinos decouple below at about 1 MeV (accurate calculation yields $T=0.8~{\rm MeV})$.

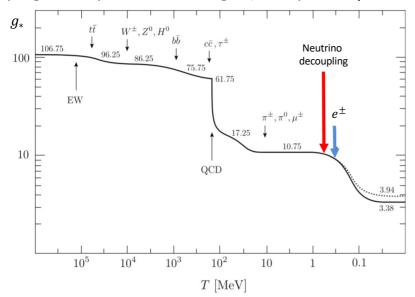
$$\left[rac{\Gamma}{H} \sim rac{lpha^2 M_{
m pl} T^3}{M_W^4} \sim \left(rac{T}{1 {
m \ MeV}}
ight)^3$$

Electron-positron annihilation

Electron-positron annihilation occurs soon after the neutrino decoupling. In fact, as soon as $T\lesssim 1.022$ MeV electron-positron pair creation becomes less effective, and the interaction

$$e^+ + e^- \leftrightarrow \gamma + \gamma$$

progressively moves to the right (more pairs $e^-/\,e^+$ being destroyed than created).



- Neutrino decoupling occurs around $T \sim 0.8$ MeV;
- e^-/e^+ annihilation occurs around $T\sim 0.5$ MeV, with a transition $0.1\lesssim T/{\rm MeV}\lesssim 1$
- But these processes partially overlap: neutrino decoupling is not over when electropositron annihilation starts

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Decoupling from thermal equilibrium

Electron-positron annihilation

Let us now compute the effective degrees of freedom of relativistic particles before neutrino decoupling and after electron-positron annihilation.

Before neutrino decoupling ($T \gtrsim 1 \text{ MeV}$):

Relativistic particles species are the γ , e^{\pm} and ν_s , so:

$$g_{*S} = g_* = 2 + \frac{7}{8}(2 \times 2 + 3 \times 2) = 10.75$$

After electron-positron annihilation ($T \lesssim 0.5 \text{ MeV}$):

Relativistic particles species are just the γ and ν_s (note that neutrinos are already decoupled but they remain relativistic and therefore contribute to the entropy):

$$g_{*S} = 2 + \frac{7}{8}(3 \times 2) \left(\frac{T_{\nu}}{T_{\gamma}}\right)_{\text{after}}^{3}$$
$$g_{*} = 2 + \frac{7}{8}(3 \times 2) \left(\frac{T_{\nu}}{T_{\gamma}}\right)_{\text{after}}^{4}$$

Since entropy is conserved one has:

$$S = sV = \frac{2\pi}{45} g_{*S} (T_{\gamma} a)^3 = const.$$
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Electron-positron annihilation

So one can write:

$$g_{*S}(T_{\gamma}a)_{\text{before}}^{3} = g_{*S}(T_{\gamma}a)_{\text{after}}^{3} \Leftrightarrow$$

$$\Leftrightarrow \left(2 + \frac{7}{8}(2 \times 2 + 3 \times 2)\right) (T_{\gamma}a)_{\text{before}}^{3} = \left(2 + \frac{7}{8}(3 \times 2)\left(\frac{T_{\nu}}{T_{\gamma}}\right)_{\text{after}}^{3}\right) (T_{\gamma}a)_{\text{after}}^{3} \Leftrightarrow$$

$$\Leftrightarrow \frac{43}{4}(T_{\gamma})_{\text{before}}^{3} = \left(2 + \frac{7}{8}(3 \times 2)\left(\frac{T_{\nu}}{T_{\gamma}}\right)_{\text{after}}^{3}\right) (T_{\gamma})_{\text{after}}^{3} \left(\frac{a_{\text{after}}}{a_{\text{before}}}\right)^{3}$$

But after decoupling neutrino temperature scales as: $T_{\nu, \text{before}}/T_{\nu, \text{after}} = a_{\text{after}}/a_{\text{before}}$. Moreover, since $T_{\nu, \text{before}} = T_{\nu, \text{before}}$, one has:

$$\frac{43}{4}(T_{\gamma})_{\text{before}}^{3} = \left(2 + \frac{7}{8}(3 \times 2)\left(\frac{T_{\nu}}{T_{\gamma}}\right)_{\text{after}}^{3}\right)(T_{\gamma})_{\text{after}}^{3}\left(\frac{T_{\nu,\text{before}}}{T_{\nu,\text{after}}}\right)^{3} \Leftrightarrow \frac{43}{4}(T_{\gamma,\text{before}})^{3} = \left(2 + \frac{7}{8}(3 \times 2)\left(\frac{T_{\nu}}{T_{\gamma}}\right)_{\text{after}}^{3}\right)\left(\frac{T_{\gamma}}{T_{\nu}}\right)_{\text{after}}^{3}(T_{\nu,\text{before}})^{3} \Leftrightarrow \Leftrightarrow \frac{43}{4}(T_{\gamma,\text{before}})^{3} = \left(2\left(\frac{T_{\gamma}}{T_{\nu}}\right)_{\text{after}}^{3} + \frac{7}{8}(3 \times 2)\right)(T_{\gamma,\text{before}})^{3} \Leftrightarrow \frac{43}{4}(T_{\gamma,\text{before}})^{3} \Rightarrow \frac{43}{4}(T_{\gamma,\text{before}})^{3} = \left(2\left(\frac{T_{\gamma}}{T_{\nu}}\right)_{\text{after}}^{3} + \frac{7}{8}(3 \times 2)\right)(T_{\gamma,\text{before}})^{3} \Leftrightarrow \frac{43}{4}(T_{\gamma,\text{before}})^{3} = \frac{1}{4}(T_{\gamma,\text{before}})^{3} = \frac{1}{4}(T_{\gamma,\text{before}})^{3} + \frac{7}{8}(T_{\gamma,\text{before}})^{3} \Leftrightarrow \frac{1}{4}(T_{\gamma,\text{before}})^{3} = \frac{1}{4}(T_{\gamma,\text{before}})^{3} + \frac{7}{8}(T_{\gamma,\text{before}})^{3} + \frac{7}{8}(T_{\gamma,\text{before}})^{3} \Leftrightarrow \frac{1}{4}(T_{\gamma,\text{before}})^{3} \Leftrightarrow \frac{1}{4}(T_{\gamma,\text{before}})$$

Decoupling from thermal equilibrium

Electron-positron annihilation

From which one concludes that:

$$g_{*S}(T_{\gamma}a)_{\text{before}}^{3} = g_{*S}(T_{\gamma}a)_{\text{after}}^{3} \Leftrightarrow \frac{43}{4} = 2\left(\frac{T_{\gamma}}{T_{\nu}}\right)_{\text{after}}^{3} + \frac{7}{8}(3 \times 2) \Leftrightarrow \left(\frac{T_{\gamma}}{T_{\nu}}\right)_{\text{after}}^{3} = \frac{1}{2}\left(\frac{43}{4} - \frac{21}{4}\right) = \frac{11}{4}$$

So after e^-/e^+ annihilation the neutrino temperature is somewhat smaller than the the photon temperature:

$$T_{\nu} = \left(\frac{4}{11}\right)^{1/3} T_{\gamma}$$

With this result one can estimate the relativistic degrees of freedom for $T \lesssim 0.5$ MeV:

$$g_{*s} = 2 + \frac{7}{8} \times 3 \times 2\left(\frac{4}{11}\right) = 3.91,$$

 $g_{*} = 2 + \frac{7}{8} \times 3 \times 2\left(\frac{4}{11}\right)^{4/3} = 3.36$

Electron-positron annihilation

However, this result is only valid if the decoupling of neutrinos was instantaneous (and happened before the beginning of the electron-positron annihilation).

But **these processes are not instantaneous** and in fact overlap in time. Part of the energy and entropy of the electron-positron annihilation leaks into the remaining relativistic species, increasing their temperature, via an decrease of g_{*S} and g_* (as discussed in slide 13).

A more accurate computation (taking into account the variation of $g_{*S}(T)$ and $g_{*}(T)$) gives:

$$g_* = 3.38$$
; $g_{*S} = 3.94$

In order to keep the calculation of the effective degrees of freedom simple, it is usual to define a quantity, $N_{\rm eff}$, known as **effective number of neutrino species**, so that:

$$g_{\star} = 2 + \frac{7}{8} \times 2N_{\text{eff}} \left(\frac{4}{11}\right)^{4/3} = 3.38 ,$$

 $g_{\star S} = 2 + \frac{7}{8} \times 2N_{\text{eff}} \left(\frac{4}{11}\right) = 3.94 ,$

Where $N_{\rm eff}=3.046$ ($N_{\rm eff}$ is by itself a parameter that can be fit by CMB observations). If neutrino decoupling was instantaneous $N_{\rm eff}=3$.

Decoupling from thermal equilibrium

Cosmic Neutrino Background

A **Cosmic Neutrino background** ($C_{\nu}B$) should be present in the universe since decoupling. Its temperature should scale with with the inverse of scale factor and it is related to the CMB temperature (which also scales with the inverse of the scale factor) as:

$$T_{\nu,0} = \left(\frac{4}{11}\right)^{1/3} T_{\gamma,0} = \left(\frac{4}{11}\right)^{1/3} 2.73 = 1.95 \,\mathrm{K}$$

(which corresponds to $T_{\nu,0}=0.17~{\rm meV}$).

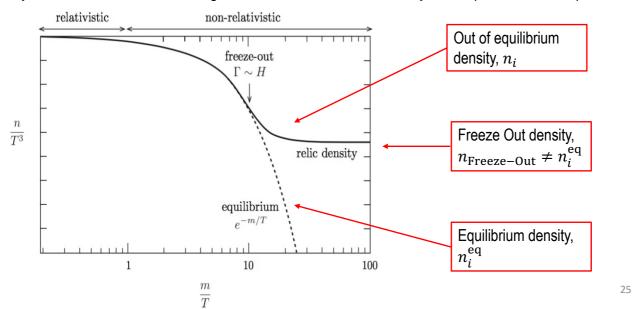
Plugging this result in the expression of the neutrino number and energy densities one obtains:

$$n_{
u} = rac{3}{4}N_{
m eff} imes rac{4}{11}n_{\gamma}$$
 $ho_{
u} = rac{7}{8}N_{
m eff} \left(rac{4}{11}
ight)^{4/3}
ho_{\gamma}$

Assuming $N_{\rm eff}=3.046$ and the observed values of the CMB densities, one obtains $n_{\nu,0}=112~{\rm cm^{-3}}$ and $\Omega_{\nu,0}=0.00014$ (assuming massless neutrinos).

Beyond thermal equilibrium: the Boltzmann Equation

Equilibrium quantities such as density expression derived in the previous chapter **assume that** the decoupling species is always in equilibrium as its density is being supressed. In reality this hypothesis cannot hold at very low temperatures, $T \ll m$, because particle abundances become too small to be able to achieve equilibrium. The formal way of computing **out of** equilibrium densities is through the use of the **Boltzmann equation** (see next slides)



Decoupling from thermal equilibrium

Boltzmann Equation

In the **absence of interactions** the number density of the **decoupled species**, i, obeys to the conservation equation:

$$\frac{dn_i}{dt} + 3\frac{\dot{a}}{a}n_i = 0$$

This follows from the fact that the number of particles in a physical volume remains constant after decoupling $n_i = n_{0,i} \ a^{-3}$.

One can **generalise** this expression to **include interactions**:

$$\frac{1}{a^3} \frac{d(n_i a^3)}{dt} = C_i[\{n_j\}]$$

Where the left hand side is equivalent to the above equation and in the right hand side one adds a collision term, $C_i[\{n_j\}]$, that accounts for sinks / sources of the density of the species n_i due to interaction (collisions) with other species n_i .

The latter equation is known as the **collisional Boltzmann equation**. When $C_i[\{n_j\}] = 0$ one obtains the **collisionless Boltzmann equation** (on the top)

Boltzmann Equation

The form of the collision term $C_i[\{n_j\}]$ depends on the type of interaction. For interactions of 2 particles species (3 body interactions are in principle much less likely):

$$1+2 \rightleftharpoons 3+4$$

(this means that species 1 annihilates with species 2, giving rise to species 3 and 4. Conversely species 3 and 4 annihilate back to species 1 and 2).

To follow the out of equilibrium evolution of, for example, n_1 one needs to take into account the balance of efficiency of the reaction between 1 and 2, that originates a sink of density, and the (reverse) reaction between 3 and 4, that originates a source of n_1 . This can be translated into the collisional Boltzmann equation by replacing the collision term $C_i[\{n_j\}]$ with 2 terms:

$$\frac{1}{a^3} \frac{d(n_1 a^3)}{dt} = -\alpha \, n_1 n_2 + \beta \, n_3 n_4$$

where $\alpha n_1 n_2$ is a sink term describing the destruction of particles (due to the reaction to the right) and $\beta n_3 n_4$ is a source term describing the creation of particles of type 1 (due to the reaction to the left).

Naturally, each term should be proportional to the densities of each pair.

Decoupling from thermal equilibrium

Boltzmann Equation

$$\frac{1}{a^3} \frac{d(n_1 a^3)}{dt} = -\alpha \, n_1 n_2 + \beta \, n_3 n_4$$

Now, the parameters α and β can be written as:

- $lpha=\langle\sigma v
 angle$ is the thermally averaged cross section $(lpha n_1 n_2 = \Gamma_{\!\!1} n_1)$
- β needs to be related to α so that the right hand side of the equation vanishes when particles are in equilibrium.

$$\beta = \left(\frac{n_1 n_2}{n_3 n_4}\right)_{\text{eq}} \alpha$$

Where the densities inside the parenthesis are equilibrium densities $n_i^{
m eq}$. Thus:

$$\boxed{\frac{1}{a^3} \frac{d(n_1 a^3)}{dt} = -\langle \sigma v \rangle \left[n_1 n_2 - \left(\frac{n_1 n_2}{n_3 n_4} \right)_{\text{eq}} n_3 n_4 \right]}$$

Boltzmann Equation

It is instructive to write this equation in terms of the number of particles in a commoving volume, defined in chapter 3:

 $N_i \equiv rac{n_i}{s}$

which is a conserved quantity (i.e. as long as the average number of particles is conserved) resulting from the entropy conservation equation. Using $n_i = N_i s$ one finds:

$$\frac{d \ln N_1}{d \ln a} = -\frac{\Gamma_1}{H} \left[1 - \left(\frac{N_1 N_2}{N_3 N_4} \right)_{\text{eq}} \frac{N_3 N_4}{N_1 N_2} \right]$$

Note that:

- The factor Γ_1/H describes the interaction efficiency.
- The 2nd term in the parenthesis characterises **deviations from equilibrium**.
- If $\Gamma_1 \ll H$, the r.h.s of the equation is supressed and N_1 freezes out.
- If $\Gamma_1 \gg H$ equilibrium is rapidly established. For example, if $N_1 > N_1^{\rm eq}$ the r.h.s becomes more negative (more particles are destroyed). If $N_1 < N_1^{\rm eq}$ the r.h.s becomes less negative (more particles are created). Both of these effects push $N_1 \to N_1^{\rm eq}$.