

$$1) \int \psi_1^* \psi_1 d\tau = 1 \quad \int \psi_2^* \psi_2 d\tau = 1 \quad \int \psi_1^* \psi_2 d\tau = 0$$

$$\begin{aligned} \int \psi_1^* \psi_1 d\tau &= \int [z(1+s_{12})]^{-1/2} [\psi_1^*(\vec{r}_1) + \psi_2^*(\vec{r}_2)] \cdot [z(1+s_{12})]^{-1/2} \\ &\quad [\psi_1(\vec{r}_1) + \psi_2(\vec{r}_2)] d\tau = \\ &= [z(1+s_{12})]^{-1} \int [\psi_1^*(\vec{r}_1) + \psi_2^*(\vec{r}_2)] [\psi_1(\vec{r}_1) + \psi_2(\vec{r}_2)] d\tau = \\ &= [z(1+s_{12})]^{-1} \int \underbrace{\psi_1^*(\vec{r}_1) \psi_1(\vec{r}_1)}_1 + \underbrace{\psi_1^*(\vec{r}_1) \psi_2(\vec{r}_2)}_{s_{12}} + \underbrace{\psi_2^*(\vec{r}_2) \psi_1(\vec{r}_1)}_{s_{12}} + \underbrace{\psi_2^*(\vec{r}_2) \psi_2(\vec{r}_2)}_1 d\tau \\ &= [z(1+s_{12})]^{-1} [1 + s_{12} + s_{12} + 1] = [z(1+s_{12})]^{-1} [z(1+s_{12})] = 1 \end{aligned}$$

$$2) |\psi_0\rangle = \frac{1}{\sqrt{2}} \begin{vmatrix} \chi_1(x_1) & \chi_2(x_1) \\ \chi_1(x_2) & \chi_2(x_2) \end{vmatrix} = \frac{1}{\sqrt{2}} [\chi_1(x_1)\chi_2(x_2) - \chi_1(x_2)\chi_2(x_1)] =$$

$$= \frac{1}{\sqrt{2}} \left\{ [z(1+s_{12})]^{-1/2} [\psi_1(\vec{r}_1) + \psi_2(\vec{r}_2)] \alpha(w_1) [z(1+s_{12})]^{-1/2} [\psi_1(\vec{r}_2) + \psi_2(\vec{r}_1)] \beta(w_2) \right. \\ \left. - [z(1+s_{12})]^{-1/2} [\psi_1(\vec{r}_2) + \psi_2(\vec{r}_1)] \alpha(w_2) [z(1+s_{12})]^{-1/2} [\psi_1(\vec{r}_1) + \psi_2(\vec{r}_2)] \beta(w_1) \right\}$$

$$\textcircled{1} = [z(1+s_{12})]^{-1/2} \psi_1^2 = (c_1)^2$$

$$= \frac{(c_1)^2}{\sqrt{2}} \left\{ [\psi_1(\vec{r}_1) + \psi_2(\vec{r}_2)] [\psi_1(\vec{r}_2) + \psi_2(\vec{r}_1)] \alpha(w_1) \beta(w_2) \right. \\ \left. - [\psi_1(\vec{r}_2) + \psi_2(\vec{r}_1)] [\psi_1(\vec{r}_1) + \psi_2(\vec{r}_2)] \alpha(w_2) \beta(w_1) \right\} =$$

$$\begin{aligned}
 & \frac{1}{\sqrt{2}} \left\{ - [\psi_1(\vec{r}_2) + \psi_2(\vec{r}_2)] [\psi_1(\vec{r}_1) + \psi_2(\vec{r}_1)] \alpha(w_2) \beta(w_1) \right\} = \\
 & = \frac{(c_1)^2}{\sqrt{2}} \left\{ \begin{aligned}
 & \psi_1(\vec{r}_1) \psi_1(\vec{r}_2) \alpha(w_1) \beta(w_2) + \psi_1(\vec{r}_1) \psi_2(\vec{r}_2) \alpha(w_1) \beta(w_2) \\
 & + \psi_2(\vec{r}_1) \psi_1(\vec{r}_2) \alpha(w_1) \beta(w_2) + \psi_2(\vec{r}_1) \psi_2(\vec{r}_2) \alpha(w_1) \beta(w_2) \\
 & - \psi_1(\vec{r}_2) \psi_1(\vec{r}_1) \alpha(w_2) \beta(w_1) - \psi_1(\vec{r}_2) \psi_2(\vec{r}_1) \alpha(w_2) \beta(w_1) \\
 & - \psi_2(\vec{r}_2) \psi_1(\vec{r}_1) \alpha(w_2) \beta(w_1) - \psi_2(\vec{r}_2) \psi_2(\vec{r}_1) \alpha(w_2) \beta(w_1) \end{aligned} \right\} =
 \end{aligned}$$

$$\begin{aligned}
 \phi_i(\uparrow) \phi_j(\downarrow) &= \begin{vmatrix} \psi_i(\vec{r}_1) \alpha(w_1) & \psi_j(\vec{r}_1) \beta(w_1) \\ \psi_i(\vec{r}_2) \alpha(w_2) & \psi_j(\vec{r}_2) \beta(w_2) \end{vmatrix} = \\
 &= \psi_i(\vec{r}_1) \psi_j(\vec{r}_2) \alpha(w_1) \beta(w_2) - \psi_i(\vec{r}_2) \psi_j(\vec{r}_1) \alpha(w_2) \beta(w_1)
 \end{aligned}$$

$$\begin{aligned}
 |\psi_0\rangle &= \frac{(c_1)^2}{\sqrt{2}} \left\{ \phi_1(\uparrow) \phi_1(\downarrow) + \phi_2(\uparrow) \phi_2(\downarrow) + \phi_1(\uparrow) \phi_2(\downarrow) + \phi_2(\uparrow) \phi_1(\downarrow) \right\} \\
 &= \frac{(c_1)^2}{\sqrt{2}} \left\{ \phi_1(\uparrow) \phi_2(\downarrow) + \phi_2(\uparrow) \phi_2(\downarrow) + \phi_2(\uparrow) \phi_1(\downarrow) + \phi_1(\uparrow) \phi_2(\downarrow) \right\}
 \end{aligned}$$

c.g.d.